



ADVOCACY • AWARENESS • SUPPORT

Bereavement Support



www.childhoodcancer.ie

**Childhood Cancer Ireland
is a national charity
dedicated to supporting
families affected by
childhood cancer, including
those who face the
devastating loss of a child.**



We understand that bereavement following childhood cancer brings profound grief for parents, siblings and the wider family. At this most difficult time, our role is to ensure families feel cared for, understood and gently supported.

We provide compassionate bereavement supports including psychological support, tailored information and guidance, webinars and financial assistance.

At the heart of our work is a deep commitment to building a compassionate community that recognises the lasting impact of a child's death and ensures families are supported as they navigate life after loss.



Information and Signposting

We can support you by signposting you to and even making a referral (with your permission) to other supports and services that may be of interest to you and your family at this difficult time.



Individual Psychological Support / Counselling

We offer dedicated therapeutic support for parents and siblings who are grieving. Through tailored one-to-one (online) psychological support, we provide a safe, supportive space to help families navigate the overwhelming emotions of loss, which can include trauma, anxiety, and depression. For many, understanding how grief responses differ across family members can be helpful.

Our goal is to ensure that families have access to specialised, high-quality psychological care, tailored to their individual needs. Whether through online one-on-one sessions or referrals to experienced and trusted professionals in your local area, we are here to ensure that no family has to face their grief alone.



Play Therapy / Psychotherapy

Our Play Therapy / Psychotherapy programme provides bereaved siblings with a safe and therapeutic environment to express their emotions and process the complex experiences associated with having a sibling with a cancer diagnosis and subsequently navigating their loss.

For children, play is a powerful tool for coping with sadness, worry and anxiety, allowing them to navigate their emotions through play, creative expression, and age-appropriate therapeutic interventions.

For adolescents and young adults, the approach adapts to their developmental needs, offering therapeutic activities that encourage self-expression, emotional processing, and connection in ways that are meaningful and relevant to their age group.

Through our network of qualified and experienced play therapists and child and adolescent psychotherapists, we can connect you the right support in your community.

Recognising that not all children require direct therapeutic intervention, we also offer Parent Advice Sessions, which helps to guide you through effectively engaging with and supporting your children.





Informative Webinars

We hold expert-led webinars on bereavement, looking at sibling grief and other aspects of grieving and bereavement that may be helpful.

Each webinar is led by professionals, ensuring that you have access to high-quality, evidence-based information. The webinars also offer interactive Q&A sessions, allowing families



to receive personalised advice on how to navigate their unique circumstances.

Keep an eye on the events section of our website, our social media or subscribe to our newsletter to keep up to date on webinars.



Bereavement Grant

Our bereavement grant offers financial support to families during this incredibly difficult time. This once-off payment provides immediate assistance following the loss of a child to cancer, helping families to feel supported and allowing them to focus on their emotional wellbeing without the added burden of financial stress.



Financial Advice & Information

We partner with LIA, the Centre of Excellence for the education and development of financial professionals, to offer free access to financial advice, information and planning to help you manage your finances. We can match you with a Qualified Financial Advisor in your area to access this free support.



Peer Support

Peer support offers connection and understanding at a time when parents may feel most alone. Our trained Parent Peer Supporters provide compassionate, friendly support and can share practical information about services and resources that may help as you navigate life after the loss of your child. If you'd like to be connected with another bereaved parent, please get in touch.



Gold Ribbon Conversations

Our podcast features various stories related to childhood cancer, including experiences of loss and living with grief – from bereaved parents and siblings and from other experts in the field. Gold Ribbon Conversations is available on all podcast platforms.



Beads of Courage

If your child was enrolled in the Beads of Courage Programme, you can request a Butterfly Bead. This special bead honours the profound loss your family is experiencing and recognises the courage and bravery your child showed throughout their treatment.



Remembering Your Child

We would be honoured to remember your child during their birthday and anniversary month and during Childhood Cancer Awareness Month in September. We do this through videos posted on our social media channels. Please contact us to be included.



Contact us:

Contact us to learn more
about or access any of our
bereavement supports.

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